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MORNING AND EVENING PRAYER IN THE VINCENTIAN COMMUNITY

In dialogue with the Father, in communion with Christ, and in the love of the Holy Spirit

I VARIOUS ROLES

Each role should be carried out by different persons so that the celebration fits together as a harmonious collaborative effort of the community. Therefore, the accumulation of ministries by a single person should be avoided. All should be disposed to collaborate actively so as to contribute to the community's prayer.

- 1. <u>Presider</u>: begins the opening verse, tells what method to use in praying the Psalms, begins the antiphons, introduces the petitions, begins the Lord's Prayer, says the concluding prayer and (if a priest) gives the final blessing and dismisses the assembly.
- 2. Psalmist (or Soloist): proclaims all or part of a psalm or a canticle.
- 3. <u>Reader</u>: proclaims the "short reading," begins the responsory, and reads the petitions.
- 4. <u>Intoner of the psalms</u>: begins the individual psalms by reciting or singing the first verse.

II PSALMODY

The manner of praying the psalms can be varied according to the literary genre of the psalms themselves (*General Instruction on the Liturgy of the Hours*, 121-123, 279). A very helpful indication comes from the title given to each psalm, and especially from the brief introduction (didascalia), in italic type, taken generally from the Church Fathers. The theme thus highlighted can help the presider choose one of the modes of praying the psalms listed below. It is also good to take into account the length of the psalm, the makeup of the particular assembly, whether it is a feast day or not, etc.

Examples:

- a) verses recited by <u>2 alternating choirs</u>: psalms pertaining to the People of God as a whole;
- b) psalm proclaimed in its entirety by a <u>psalmist</u> (or soloist): messianic and Christological psalms, or those expressive of the particular situation of

the author of the psalm;

- c) psalm in which verses are alternated between a <u>psalmist</u> and the assembly: psalms that pertain to any of the situations described above in <u>a</u> and <u>b</u>;
- d) psalm proclaimed by a <u>psalmist</u> with the antiphon repeated by the assembly after each verse or every two verses: psalms that pertain to the situations indicated in <u>a</u> and <u>b</u>;
- e) psalm proclaimed by the whole assembly together: very brief psalms that pertain to the People of God as a whole.

III STYLE OF PROCLAMATION

Whether reciting or singing the psalms, one should maintain:

- a rigorous respect for the pauses indicated by the asterisk (*) and the flexa (†);
- 2) a rhythmic togetherness in praying the psalms in common, without jumping ahead or lagging behind.

IV THE USE OF SONG

Since our morning and evening prayer are liturgical acts, the use of song is indicated for the Liturgy of the Hours. Singing engages us in a fuller way as a worshiping community (cf. *General Instruction on the Liturgy of the Hours*, 270) as we praise and thank God. It is especially appropriate for solemnities and feasts, but is also helpful (with sobriety) in ordinary circumstances.

In Morning Prayer and Evening Prayer, almost any part can be sung: the opening verse, the hymn, the psalms and canticles (including the Benedictus and the Magnificat), and the Lord's Prayer. In practice, it is helpful to underline one or the other element, making the choice according to the circumstances and the capability of the assembly. If possible, the hymn should always be sung.

In singing one should be attentive to the asterisk and the flexa, as mentioned above, and one should pay particular attention to rhythm, to pitch, and to timing, according to the nature of the text and the melody.

Heaviness and slowness are to be avoided at all costs when singing in common, because they make the singing deadly and unappealing.

V SILENCE

The insertion of a brief meditative pause after each psalm and of a slightly longer pause after the short reading allows us to pray silently. Before the Lord's Prayer, a pause is made to provide space for spontaneous intercessions.

SUGGESTED WAYS OF PRAYING THE PSALMS IN COMMON

FIRST WEEK

SUNDAY

Evening Prayer I

Ps 141, 1-9 Soloist

Ps 142 Soloist; the assembly repeats the antiphon after each

verse

Cant - Phil 2, 6-11 Sung, or between soloist and the assembly

Morning Prayer

Ps 63 2 soloists

Cant - Dn 3 Soloist and the assembly as a litany

Ps 149 Sung

Evening Prayer II

Ps 110, 1-5,7 2 soloists (2nd, the words of God)

Ps 114 2 choirs Cant - Rv 19, 1-7 Sung

MONDAY

Morning Prayer

Ps 5, 2-10, 12-13 2 soloists Cant - 1 Chr 29, 10-13 Sung Ps 29 2 soloists

Evening Prayer

Ps 11 Soloist to the end of quotation; the assembly the rest

Ps 15 Soloist 1st verse; 2nd soloist to the end

Cant - Eph 1, 3-10 Sung

TUESDAY

Morning Prayer

Ps 24 Soloist the questions; the assembly the rest

Cant - Tb 13, 1-8 2 choirs Ps 33 Sung

Evening Prayer

Ps 20 2 choirs

Sal 21, 2-8,14 Between soloist and the assembly

Cant - Rv 4, 11; 5, 9,10,12 2 soloists.

WEDNESDAY

Morning Prayer

Ps 36 Soloist 1-3; 2nd soloist the rest

Cant - Jdt 16, 2-3;13-15 Sung, or 2 choirs Sal 47 Sung, or 2 choirs

Evening Prayer

Ps 27, 1-6 2 soloists Ps 27, 7-14 2 soloists Cant - Col 1, 12-20 Sung

THURSDAY

Morning Prayer

Ps 57 2 soloists

Cant - Jer 31, 10-14 2 soloists (one who speaks the "I" parts)

Sal 48 2 choirs

Evening Prayer

Ps 30 2 soloists

Ps 32 Soloist; the assembly repeats the antiphon after each

verse

Cant - Rv 11, 17-18;

12, 10b-12a Sung, or 2 choirs

FRIDAY

Morning Prayer

Ps 51 Between soloist and the assembly

Cant - Is 45, 15-26 2 soloists Ps 100 Sung **Evening Prayer**

Ps 41 1st soloist v 1-3; 2nd soloist the rest Ps 46 Between soloist and the assembly

Cant - Rv 15, 3-4 Sung

SATURDAY

Morning Prayer

Ps 119, 145-152 2 soloists

Cant - Ex 15, 1-4a,

8-13, 17-18 Sung Sal 117 Sung

SECOND WEEK

SUNDAY

Evening Prayer I

Ps 119, 105-112 2 soloists Ps 16 Soloist

Cant - Phil 2, 6-11 Sung, or between soloist and the assembly

Morning Prayer

Sal 118 Between soloist and the assembly

Cant - Dn 3, 32-57 Sung, or between soloist and the assembly as a litany

Ps 150 Sung

Evening Prayer II

Ps 110, 1-5, 7 2 soloists (2nd, the words of God)

Ps 115 2 choirs Cant - Rv 19, 1-7 Sung

MONDAY

Morning Prayer

Ps 42 2 soloists
Cant - Sir 36, 1-5,10-13 2 choirs
Ps 19A Sung

Evening Prayer

Ps 45, 2-10 1st soloist Ps 45, 11-18 2nd soloist

Cant - Eph 1, 3-10 Sung, or between soloist and the assembly

TUESDAY

Morning Prayer

Ps 43 2 soloists Cant - Is 38, 10-14,17-20 Soloist Ps 65 2 choirs

Evening Prayer

Ps 49, 1-13 2 soloists Ps 49, 14-21 2 choirs Cant - Rv 4, 11 ;5, 9-10,12 2 soloists

WEDNESDAY

Morning Prayer

Ps 77 2 soloists

Cant - 1 Sm 2, 1-10 Sung, or between soloist and the assembly

Ps 97 2 choirs

Evening Prayer

Ps 62 2 soloists

Ps 67 Soloist; the assembly sings or recites verses 2 and 4

Cant - Col 1, 12-20 Sung, or between soloist and the assembly

THURSDAY

Morning Prayer

Ps 80 Soloist; the assembly recites verses beginning "God

of hosts"

Cant - Is 12, 1-6 2 choirs

Ps 81 Sung, or between soloist and the assembly

Evening Prayer

Ps 72,1-11 Between soloist and the assembly Ps 72,12-19 Between soloist and the assembly

Cant - Rv 11, 17-18;

12,10b-12a Sung, or 2 choirs

FRIDAY

Morning Prayer

Ps 51 2 soloists Cant - Hb 3, 2-4,13a,15-19 2 choirs Ps 147 Sung

Evening Prayer

Ps 116, 1-9 Between soloist and the assembly

Ps 121 2 choirs Cant - Rv 15, 3-4 Sung

SATURDAY

Morning Prayer

Ps 92 Sung
Cant - Dt 32, 1-12 2 soloists
Ps 8 Sung

THIRD WEEK

SUNDAY

Evening Prayer I

Ps 113 2 choirs Ps 116 Soloist

Cant Phil 2, 6-11 Sung, or between soloist and the assembly

Morning Prayer

Ps 93 2 choirs

Cant - Dn 3, 57-88,56 Between soloist and the assembly as a litany

Ps 148 Sung

Evening Prayer II

Ps 110, 1-5,7 2 soloists (2nd, the words of God)

Ps 111 2 choirs Cant - Rv 19, 1-7 Sung

MONDAY

Morning Prayer

Ps 84 Sung, or 2 choirs

Cant - Is 2, 2-5 2 soloists Ps 96 Sung **Evening Prayer**

Ps 123 Soloist Ps 124 2 choirs Cant - Eph 1, 3-10 Sung

TUESDAY

Morning Prayer

Ps 85 2 choirs Cant - Is 26, 1-4, 7-9, 12 2 choirs

Ps 67 Soloist, the assembly sings or recites verses 2 and 4

Evening Prayer

Ps 125 2 choirs Ps 131 Soloist Cant - Rv 4, 11; 5, 9-10,12 2 soloists

WEDNESDAY

Morning Prayer

Ps 86 Between soloist and the assembly

Cant - Is 33, 13-16 2 soloists

Ps 98 Sung, or between soloist and the assembly

Evening Prayer

Ps 126 2 choirs Ps 127 2 soloists

Cant - Col 1, 12-20 Sung, or between soloist and the assembly

THURSDAY

Morning Prayer

Ps 87 2 soloists

Cant - Is 40, 10-17 Between soloist and the assembly Between soloist and the assembly

Evening Prayer

Ps 132, 1-10 2 Soloists (2nd, the text in quotation marks) Ps 132, 11-18 2 Soloists (2nd, the text in quotation marks)

Cant - Rv 11, 17-18;

12, 10b-12a Sung, or 2 choirs

FRIDAY

Morning Prayer

Ps 51 2 soloists

Cant - Jer 14, 17-21 Between soloist and the assembly

Ps 100 Sung, or 2 choirs

Evening Prayer

Ps 135, 1-12 2 choirs Ps 135, 13-21 2 choirs Cant - Rv 15, 3-4 Sung

SATURDAY

Morning Prayer

Ps 119, 145-152 2 soloists Cant - Wis 9, 1-6, 9-11 2 choirs Ps 117 Sung

FOURTH WEEK

SUNDAY

Evening Prayer I

Ps 122 Sung Ps 130 2 soloists

Cant Phil 2, 6-11 Sung, or between soloist and the assembly

Morning Prayer

Ps 118 Between soloist and the assembly

Cant - Dn 3, 52-57 Between soloist and the assembly as a litany

Ps 150 Sung

Evening Prayer II

Ps 110, 1-5. 7 2 soloists (2nd, the words of God)

Ps 112 2 choirs Cant - Rv 19, 1-7 Sung

MONDAY

Morning Prayer

Ps 90 2 choirs Cant - Is 42, 10-16 Soloist

Ps 135, 1-12 Sung, or 2 choirs

Evening Prayer

Ps 136, 1-9 Between soloist and the assembly as a litany Ps 136, 10-26 Between soloist and the assembly as a litany

Cant - Eph 1,3-10 Sung

TUESDAY

Morning Prayer

Ps 101 2 soloists Cant - Dn 3,26-27.29.34-41 2 choirs Ps 144, 1-10 Soloist

Evening Prayer

Ps 137, 1-6 Soloist

Ps 138 Between soloist and the assembly

Cant - Rv 4, 11; 5, 9-10,12 Sung

WEDNESDAY

Morning Prayer

Ps 108 2 soloists (2nd, what is in quotation marks)

Cant - Is 61, 10 - 62, 5 Between soloist and the assembly

Ps 146 2 choirs

Evening Prayer

Ps 139, 1-12 Between soloist and the assembly Ps 139, 13-18, 23-24 Between soloist and the assembly

Cant - Col 1, 12-20 Sung, or between soloist and the assembly

THURSDAY

Morning Prayer

Ps 143, 1-11 2 soloists

Cant - Is 66, 10-14a Soloist Ps 147, 1-11 Sung

Evening Prayer

Ps 144, 1-8 2 choirs Ps 144, 9-15 2 choirs

Cant - Rv 11, 17-18;

12, 10b-12a Sung, or 2 choirs

FRIDAY

Morning Prayer

Ps 51 2 soloists Cant - Tb 13, 8-11, 13-15 2 choirs Ps 147 Sung

Evening Prayer

Ps 145, 1-13 2 soloists
Ps 145, 14-21 2 soloists
Cant - Rv 15, 3-4 Sung

SATURDAY

Morning Prayer

Ps 92 Sung Cant - Ez 36, 24-28 Soloist Ps 8 Sung

(Translator: Robert J. Stone, C.M.)