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Clutter and Self-Extension Tendencies: Predictors of Life Satisfaction among Emerging Adults

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Clutter and Self-Extension Tendencies:
Predictors of Life Satisfaction among Emerging Adults

A Thesis Project Presented in
Partial Fulfillment of the
Requirements for the Degree of
Masters of Science in General Psychology

By

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February 15, 2019

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Biography

The author was born in the small Pacific Northwest town of Aberdeen, WA in autumn of 1990. She graduated from Hoquiam High School in 2009, furthering her education at Eastern Washington University in Cheney, WA. In 2013 she graduated with a Bachelor of Arts in Psychology and a Minor in Communication Studies. During this time, she completed an internship at Sacred Heart Medical Center and Children's Hospital for the Behavior Education Skills Training in the Children's Psychiatric Ward in Spokane, WA. Shortly after, she moved to Chicago, IL to pursue a Master's of Science in General Psychology at DePaul University in September of 2013. While working in various research labs, she also assisted in mentoring undergraduate students. The author was connected with the Institute for Challenging Disorganization (ICD) as a graduate student grant recipient in 2014, as well as to further her education with organizing, mental health management, and possession management. Since 2015, she has provided organization consulting services to various families throughout the Chicagoland area for both their homes and their offices. She plans to earn her Certified Professional Organizer in Chronic Disorganization (CPO-CD) with ICD in the future, while continuing her organization consulting for clients (*Start New with Jules*). In the near future, the author would like to continue to assist programs and businesses create efficient work flows or support preparations for audits, records management, and policy adherence. In the far future, the author would like to earn credentials to specialize in late life transition surrounding clutter and possession management.

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