Clutter and Self-Extension Tendencies: Predictors of Life Satisfaction among Emerging Adults

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Clutter and Self-Extension Tendencies:
Predictors of Life Satisfaction among Emerging Adults

A Thesis Project Presented in
Partial Fulfillment of the
Requirements for the Degree of
Masters of Science in General Psychology

By
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February 15, 2019

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Acknowledgements

I would like to thank my thesis committee, Dr. Joseph Ferrari and Dr. Theresa Luhrs for their guidance. Thank you to Dr. Catherine Roster with the Institute for Challenging Disorganization and University of New Mexico, who opened my eyes to the industry of Professional Organizing, of where I learned the skills to become an Organization Consultant (Start New with Jules) as well as the pathways to become a Certified Professional Organization (CPO). Since 2015 I have worked with families across the Chicagoland area for home and office organization, as well as applying my organization skillset in a variety of employment positions at various universities in Chicago. I would also like to recognize my mother, grandmother, brother, and other extended family who have provided support and words of encouragement over the course of this journey. I am the first in my family to pursue a traditional four-year Bachelor’s at a state university, and then pursue a Master’s degree, so thank you to my family for helping me move across the country to Chicago from the little town of Hoquiam, WA. To my mother who instilled the value of pursuing education early in life, who as a single mother completed a degree through intense life challenges. To my brother, (who finished his Master’s before I did!), thank you for your guidance and demonstrating persistence. To my cohort, thank you for considerable love and emotional support. To select DePaul psychology faculty, thank you for allowing opportunities for my professional development, and sharing your own stories of graduate school. Thank you to Kyle from Roosevelt University, you are a savior. I would like to also say thank you to friends and colleagues all across the nation: thank you for your support, encouragement, and thank you for going through this journey with me. Thank you to the BG staff for your sharp encouragement and believing in me. Lastly, thank you to my incredible undergraduate professors at Eastern Washington University in Cheney, WA: Dr. Theresa J. Martin, Dr. Mahlon B. Daley, and Dr. Jonathan W. Anderson who provided guidance in moving to Chicago to purse this MS at DePaul, exposed me to research and conferences, and the intricate ways psychology exists in our lives and the world.
Biography

The author was born in the small Pacific Northwest town of Aberdeen, WA in autumn of 1990. She graduated from Hoquiam High School in 2009, furthering her education at Eastern Washington University in Cheney, WA. In 2013 she graduated with a Bachelor of Arts in Psychology and a Minor in Communication Studies. During this time, she completed an internship at Sacred Heart Medical Center and Children’s Hospital for the Behavior Education Skills Training in the Children’s Psychiatric Ward in Spokane, WA. Shortly after, she moved to Chicago, IL to pursue a Master’s of Science in General Psychology at DePaul University in September of 2013. While working in various research labs, she also assisted in mentoring undergraduate students. The author was connected with the Institute for Challenging Disorganization (ICD) as a graduate student grant recipient in 2014, as well as to further her education with organizing, mental health management, and possession management. Since 2015, she has provided organization consulting services to various families throughout the Chicagoland area for both their homes and their offices. She plans to earn her Certified Professional Organizer in Chronic Disorganization (CPO-CD) with ICD in the future, while continuing her organization consulting for clients (Start New with Jules). In the near future, the author would like to continue to assist programs and businesses create efficient work flows or support preparations for audits, records management, and policy adherence. In the far future, the author would like to earn credentials to specialize in late life transition surrounding clutter and possession management.
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