Maternal and Infant Attributes and Antecedents of Breastfeeding

Riyan Yanes
DePaul University, riyanyanes23@gmail.com

Jessie Lakota Dinelli
DePaul University, jdinelli@mail.dePaul.edu

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CONCLUSIONS

- There is lots of research available to discuss the implications of breastfeeding for the mother and infant
  - But, there is a lack of discussion upon the barriers to successful breastfeeding
- Analysis of attributes and antecedents showed the many barriers of breastfeeding for the mother and infant
- By identifying patient-specific attributes and antecedents, while utilizing the SEM models, nurses can promote greater health outcomes
  - Theme #1: Majority of the variables carry antecedent properties
  - Theme #2: Individual level on the SEM model was most frequently used for classification.
  - Least frequently used variable was organizational
  - Theme #3: WIC participation and employment status occurred at all 5 levels of SEM

NURSING IMPLICATIONS

- Based on the above themes and patterns identified, nurses can:
  - Categorize patients’ needs to ensure optimal outcomes
  - Create a more focused plan of care by systematically approaching antecedents followed by attributes
  - Recognize how the various SEM levels impact the patient
  - Gather adequate resources, knowledge, and a better baseline of information that is patient-specific via SEM utilization

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