Hispanic Women’s Beliefs and Attitudes Around Type 2 Diabetes: An Integrative Literature Review

Maritza Perez

Follow this and additional works at: https://via.library.depaul.edu/nursing-colloquium

Part of the Nursing Commons

Perez, Maritza, "Hispanic Women's Beliefs and Attitudes Around Type 2 Diabetes: An Integrative Literature Review" (2018). Grace Peterson Nursing Research Colloquium. 62.
https://via.library.depaul.edu/nursing-colloquium/2018/summer/62

This Event is brought to you for free and open access by the School of Nursing at Via Sapientiae. It has been accepted for inclusion in Grace Peterson Nursing Research Colloquium by an authorized administrator of Via Sapientiae. For more information, please contact wsulliv6@depaul.edu, c.mcclure@depaul.edu.
Conclusions

• 30.3 million (9.4%) of the U.S. population have diabetes.
• Hispanic adults are 1.7 times more likely than non-Hispanic white adults to have been diagnosed with diabetes.
• Hispanic women are 1.5 times more likely to die from diabetes compared to non-Hispanic women.

Background

• 30.3 million (9.4%) of the U.S. population have diabetes.
• Hispanic adults are 1.7 times more likely than non-Hispanic white adults to have been diagnosed with diabetes.
• Hispanic women are 1.5 times more likely to die from diabetes compared to non-Hispanic women.

Purpose Statement

• The purpose of this literature review is to examine literature to date, which describes Hispanic women’s beliefs and attitudes surrounding their type 2 diabetes.
• The findings of this study will synthesize our understanding of Hispanic women’s beliefs and attitudes around type 2 diabetes allowing further research to better tailor prevention and management of type 2 diabetes efforts for this population.

Research Question

• What are Hispanic women’s beliefs and attitudes around type 2 diabetes?

Methods

• An integrative literature review was conducted using the following databases: CINAHL, PubMed, PsychInfo.
• The keywords that were used included: diabetes, diabetes type 2, Hispanic, Latina, women, beliefs, attitudes, and perceptions.

Conceptual Framework

• The Health Belief Model (HBM) was used for this review.

Results

• There were four major common beliefs and attitudes, which influence the management of type 2 diabetes among Hispanic women:
  • Family Support
  • Social Support
  • Balance
  • Fear
  • Hispanic women believed that having their family’s support was the most important factor to manage their diabetes. Husbands was another great influencer and having their support made women feel empowered to control their diabetes.
  • The social support from intervention groups allowed women to get support from peers and educators, and were able to control their management with the help of the support.
  • It was important to have a balance between the foods they loved and portion control.
  • Women feared getting a complication because of other women’s past experience.

Limitations

• One major limitation was a small sample size of Hispanic women.
• Half of the articles, (6/12), only focused on Hispanic women.

Nursing Implications

• By understanding the beliefs and attitudes among Hispanic women, nurses can better understand, care, and educate their patients about type 2 diabetes. Nurses can support patients and their family values to better care for themselves in the prevention and management of type 2 diabetes.

Conclusions

• These beliefs and attitudes (family support, social support, balance, and fear) can affect the prevention, treatment, and management around diabetes.
• This integrative literature review expanded the knowledge on this topic and will support further research for the prevention and management of type 2 diabetes in Hispanic women.