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# Restless Sleep

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## **Cover Page Footnote**

This article is from an earlier iteration of *Diálogo* which had the subtitle "A Bilingual Journal." The publication is now titled "*Diálogo: An Interdisciplinary Studies Journal*."



# RESTLESS SLEEP

i'm tired of seeing families torn apart.  
i'm tired of people being forced to restart.  
it's been too long that i've mourned my long lost friend  
because warfare selfishly put his life to an end.  
this conflict that was started without any reason  
makes it harder to get by with each passing of the seasons.  
i've grown weary, i've grown weak, yet nothing is changing.  
why am i the only one who hungers rearranging?  
haven't we ever heard "Make Love, Not War",  
instead of always trying to settle the score?  
could we even survive without spilling blood?  
that's what our sick society has become:  
a living, breathing, killing machine,  
doing everything we can to silence the screams  
so we can pretend not to know what's taking place,  
an incognizant world among the great arms race.

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studying French, Art History and Italian.

