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Reframing the Conceptual Model of Telehealth Nursing for Community-Dwelling Older Adults

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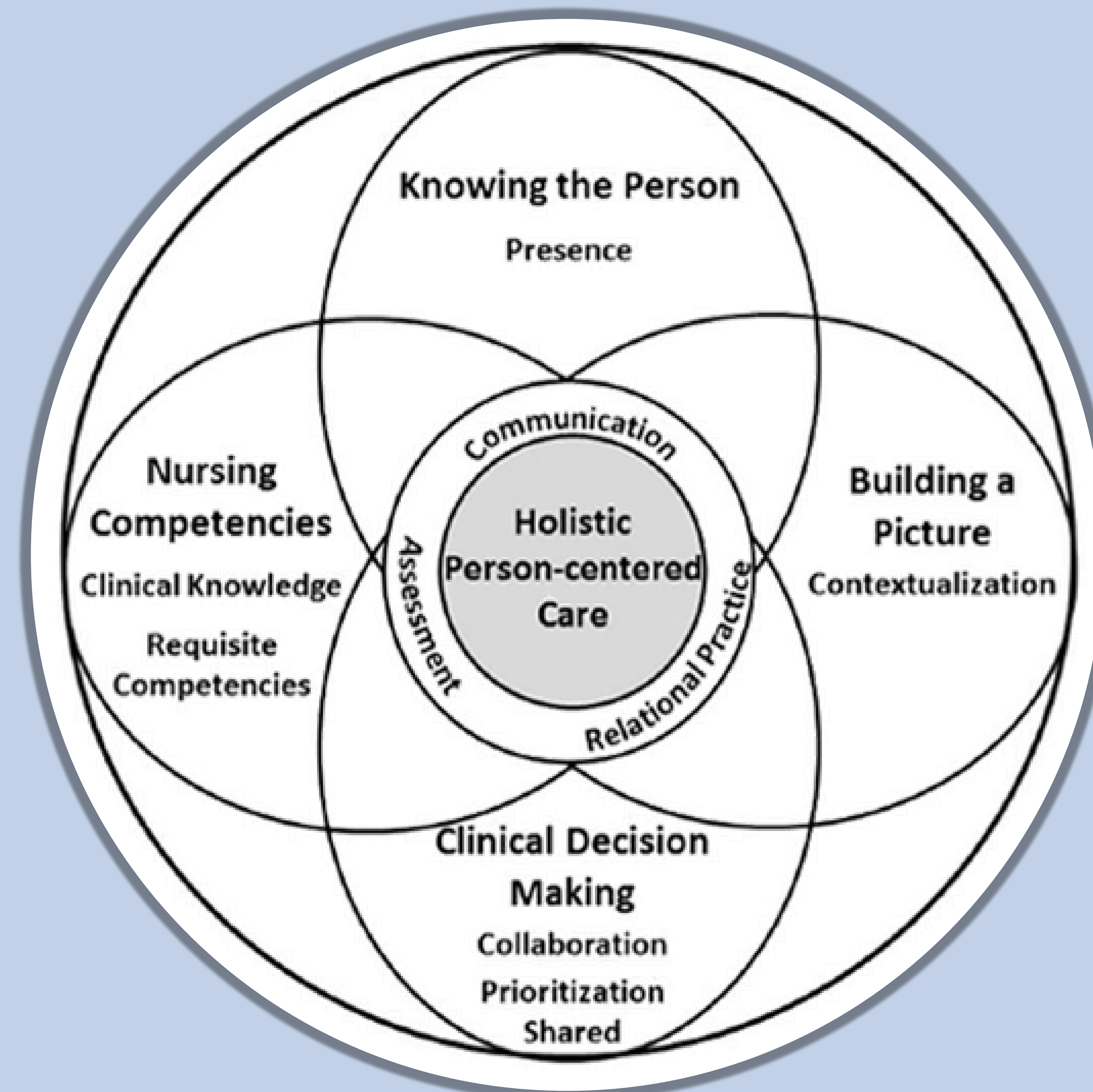
Reframing the Conceptual Model of Telehealth Nursing for Community-Dwelling Older Adults

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Background: Approximately **10,000 Americans will turn 65 each day** for the next decade. The vast majority prefers aging in place. Extant health systems currently fail to provide the structure to promote aging at one's home. Clinical pilot studies using telehealth are providing evidence for provision in the setting of the patient's choice. **As healthcare delivery changes, nursing practice also must evolve.** Many theories and studies exist for nursing practice in telehealth. **The proposed conceptual model of telehealth nursing integrates all of these into one coherent conceptual model.**

Purpose: Test a conceptual model of telehealth nursing for potential to inform and influence clinical nursing practice for the older person living at home and, vice versa, practice will inform and influence further research. A unified conceptual model affords a framework to advance in a common direction in a cycle that deepens our collective nursing knowledge and experience within telehealth at home.



The conceptual model of telehealth nursing illustrates the relationships of the key themes applicable to nursing practice in telehealth. From "Conceptualizing Telehealth in Nursing Practice," by Nagel, D. A. & Penner, J. L., 2016, *Journal of Holistic Nursing*, 34, p. 102. Copyright 2015 by The Authors. Reprinted with permission.

Objective: Investigate available literature incorporating it within the categories of the purposed *Conceptual Model of Telehealth Nursing* thus identifying a common framework for further study and implementation of telehealth practice for community-based older adults.

Methods: Using terms approximating telehealth, community-based and older person, seventeen articles resulted from a thorough selection process using CINAHL, ProQuest, PubMed, and PsycINFO.

Results: All qualifying literature proved to be incorporable to one of the four key features of the Conceptual Model of Telehealth Nursing: Presence, Requisite Knowledge, Clinical Decision Making, and Contextualization, with some overlapping themes.

Conclusion: The findings suggest that **the proposed conceptual model provides a common foundation for advancing telenursing research and practice.** In the future, systematic studies could be conducted following the framework of the conceptual model to advance the practice and research of telehealth for community-based older persons as a well articulated specialty.